AUTHOR AND COMMUNICATION EXPERT

Laura Lyles Reagan

For more than 30 years, Sociologist Laura Lyles Reagan has worked in youth development and parent education. Her approach, called co-creation, helps teens and parents grow the skills they need for positive relationships.

Author and Communication Expert

Laura Lyles Reagan, the Teen & Parent Relationship Whisperer, helps teens and parents build positive, effective, more satisfying relationships while helping teens prepare for their future.

Laura Lyles Reagan, MS is a sociologist specializing in interactionism, communication dynamics and the sociology of childhood and adolescence. She is a former instructor in the Sociology of Childhood and Adolescence at the University of Texas Rio Grande Valley.

Her original research, "Dynamic Duos," about adult mentor and parent impact on youth and teens was featured in the Journal of Applied Social Science, 2013.

Laura’s teen and parent coaching service has trained teens, parents and parent educators nationwide. Her youth development career spans service in Mexico City as a youth substance abuse counselor to non-profit management.

She conducts workshops on hot topics such as teen-parent communication, substance abuse, bullying prevention, and teen suicide prevention.

Se habla espanol.

INTERVIEW TOPICS

- How to talk so your teen tunes in.
- How to listen so your teen “opens up.”
- Ways the differences between teen and parent culture can be negotiated for more satisfying relationships.
- How co-creative communication skills can help create a more civil society including starting a dialogue between the right and left.
- Using co-creation communication skills to help navigate other societal divides we face today.

WORKSHOPS AND COACHING AVAILABLE

- The Secret to Raising Respectful Teens: Your Teen Tuning You Out?
- Learn the Top Three Skills for Parents and Teens to Tune In
- Whose Problem Is It? Using Natural Consequences in Parenting
- Co-Parenting & Step Parenting Tips
- From Puberty to Life Plan: How to Help Teens Map Their Future
- Homework Hassles and Solutions
- Digital Danger: Teen Online Safety Tips

HOW TO RAISE RESPECTFUL PARENTS: BETTER COMMUNICATION FOR TEEN AND PARENT RELATIONSHIPS

Pinnacle Award Winning Author, Laura Lyles Reagan

Best Book Finalist

International Awards Finalist

• A teen’s guide to navigating adult culture by equipping teens with communication skills.

lauralreagan.com
laural@lauralreagan.com
956-250-3689
/heart2heartparents
@H2HParents